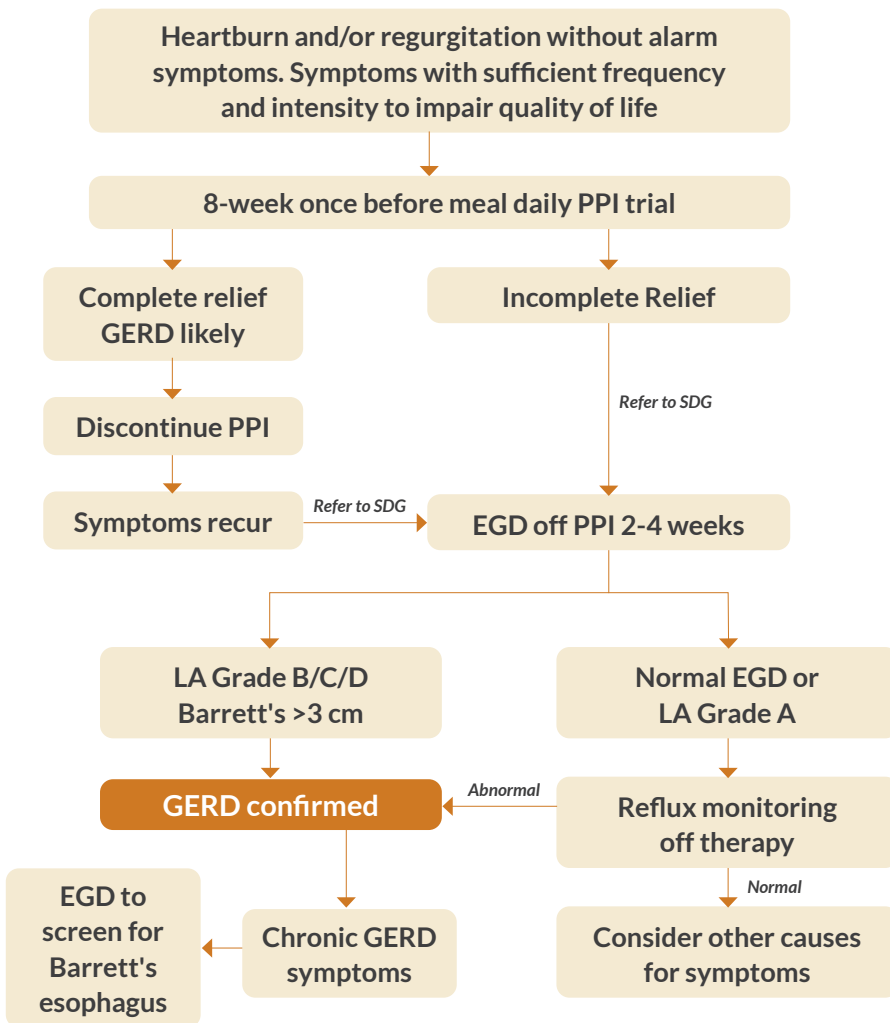


Diagnosing and Managing Gastroesophageal Reflux Disease



GERD affects nearly **20%** of the U.S. population

CLINICAL GUIDELINES for the Diagnosis and Management of Gastroesophageal Reflux Disease



RISK FACTORS

Patients are more likely to develop GERD if they:

- are overweight or obese
- are pregnant
- smoke
- take certain medications, including NSAIDs or calcium channel blockers

A hiatal hernia can also increase the risk of developing GERD.

COMPLICATIONS

Left untreated, GERD can cause serious complications over time.

- Esophagitis
- Esophageal Stricture
- Barrett's esophagus
- Esophageal adenocarcinoma
- Complications outside the esophagus—hoarseness, chronic cough, asthma and laryngitis

Consider these evidence-based recommendations for the evaluation and management of GERD patients.

If you have questions about diagnosing GERD or treatment options for this condition, please call 303-788-8888 and select the physician consult line.

 South Denver Gastroenterology, P.C.

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