

Liver Biopsy Procedure Prep Instructions

You have been scheduled for a liver biopsy at:

South Denver Endoscopy Center 499 E Hampden Ave Suite 430

Englewood, CO 80113

Date: _____ Procedure Time: _____

Check In Time: _____

It is important to check in 45 minutes before your procedure time.

You must have a responsible adult drive you home because of the sedation you will be given. Your driver will be asked to stay on the premises until you are discharged from the center. They must provide a working phone number that will be answered immediately if they are unable to stay.

Please plan to be at the endoscopy center up to 5 hours.

You will need to have a blood test within 4 weeks prior to your procedure.

The required tests are PT, PTT and CBC. We can order them for you.

Prep:

- **No Solid food for 8 hours before the procedure time. You may have clear liquids up to 4 hours before the procedure time. Clear liquids include water, Gatorade, Coffee with no creamer.**
- **Discontinue all NSAIDS (Aspirin, Motrin, Advil, Aleve or alike) 7 days prior to procedure.**
- **Absolutely no exercising, running or weightlifting more than 15 pounds for 10 days after your procedure.**
- **No NSAIDS (Aspirin, Motrin, Advil, Aleve or alike) for 14 days after the procedure**
- **You may not travel outside of the state for 10 days**
- **Should you have any questions prior to the procedure please call us at 303-788-8888**