Patient Prep Instructions for Capsule Endoscopy with Capsocam

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CAPSULE ENDOSCOPY WITH CAPSOCAM INSTRUCTIONS

READ ALL INSTRUCTIONS BEFORE YOUR PROCEDURE
If you have questions, please call our office @ 303 788 8888 or visit www.southdenvergas.com.

7 days prior to your procedures purchase the following prep medications:

- Buy One bottle of MiraLax (at least 153 grams- you will most likely have extra)
- Mylicon Drops- smallest bottle possible – you will need 1.2 ml total

Diabetes medications: We ask that GLP-1 medications be held for ONE dose. Please contact your prescribing provider's office for specific instructions.

Day Before Capsule Endoscopy:

- **Breakfast**– eat a normal breakfast
- **Lunch**– eat a light lunch before 1:00 PM
- **CLEAR LIQUID DIET FOR THE REMAINDER OF THE DAY/NIGHT (nothing colored red or purple to drink)**
- **At 7:00 PM**– Mix seven (7) capfuls of MiraLax (119 grams) with 32 oz. of water or Gatorade (NO RED/PURPLE) and drink all contents

- **At 9:30 PM**– Take 0.6 mL of Mylicon drops with 8 oz of water
- **At 10:00 PM– NOTHING TO DRINK FROM THIS POINT ON** (small sips of water with medications allowed)

Day of Capsule Endoscopy:

- **Hold all medications until 2 hours after capsule ingestion**
- 2 hours prior to capsule ingestion time, mix 1 capful (17 Grams) of MiraLax with 8 oz. glass of water or Gatorade (NO RED/PURPLE) – drink all the contents

After Swallowing the Caposcam Plus Capsule Ingestion:

- Resume clear liquids 2 hours after swallowing the capsule. You may take your medications at this time.
- Take 1 capful (17 Grams) of MiraLax with 8 oz. of water or Gatorade (NO RED/PURPLE)
- Enjoy a light lunch and please document what you eat
- Eat a normal dinner

FINAL STEPS – FOLLOW RETRIEVAL INSTRUCTIONS

Final Steps

Each Capsocam kit has retrieval instructions in the box. At the time of ingestion you will be provided a FedEx return envelope and shipping label.

Download

Please watch Capsocam retrieval video:

https://capsovision.com/patient-resources/what-to-expect-with-capsocam/