

Endoscopic Ultrasound (Oral): What to Expect At Home

Your Recovery

After you have an endoscopic ultrasound—a test to look for problems in the stomach, liver, gallbladder, and other organs—you will stay at the hospital or clinic for 1 to 2 hours. This will allow the medicine to wear off. You will be able to go home after your doctor or nurse checks to make sure you are not having any problems.

You may have a sore throat for a day or two after the test.

This care sheet gives you a general idea about what to expect after the test.

How can you care for yourself at home?

Activity

- Rest as much as you need to after you go home.
- You should be able to go back to your usual activities the day after the test.

Diet

- Follow your doctor's directions for eating after the test.
- Drink plenty of fluids (unless your doctor has told you not to).

Medicines

- If you have a sore throat the day after the test, use an over-the-counter spray to numb your throat.

Other instructions

- Ask your doctor when you can drive again.
- Do not sign legal documents or make major decisions until the medicine effects are gone and you can think clearly. The anesthesia medicine can make it hard for you to fully understand what you are agreeing to.

Follow-up care is a key part of your treatment and safety. Be sure to make and go to all appointments, and call your doctor if you are having problems. It's also a good idea to know your test results and keep a list of the medicines you take.

When should you call for help?

Call 911 anytime you think you may need emergency care. For example, call if:

- You passed out (lost consciousness).
- You cough up blood.
- You vomit blood or what looks like coffee grounds.
- You pass maroon or very bloody stools.

Call your doctor now or seek immediate medical care if:

- You have trouble swallowing.

- You have belly pain.
- Your stools are black and tarlike or have streaks of blood.
- You are sick to your stomach or cannot keep fluids down.

Watch closely for any changes in your health, and be sure to contact your doctor if:

- Your throat still hurts after a day or two.
- You do not get better as expected.

Where can you learn more?

Go to www.southdenvergi.com, log into the web portal, and enter H719 in the search box to learn more about Endoscopic Ultrasound (Oral): What to Expect At Home.

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