

ERCP

READ ALL INSTRUCTIONS A WEEK BEFORE YOUR PROCEDURE

If you have questions, please call our office _____, or visit www.southdenvergi.com.

7 OR MORE DAYS BEFORE THE ERCP

- If you take **BLOOD THINNERS** we will obtain authorization from your prescribing doctor for you to hold them. We will call you with specific instructions. If we have not called you at this time, please call our office immediately.
- If you take **Warfarin, Coumadin, or Jantoven**, you must have your **PT/INR** checked the day before your procedure. We will give you specific instructions for this test.
- **DO NOT STOP** heart, blood pressure or other regular medication unless your doctor instructs you to do so. You may continue to take aspirin as prescribed.
- You will be scheduled with anesthesia. The anesthesiologist may contact you to review your medical history, medications and allergies. **Tell us now if you are allergic to soy, peanuts or egg yolks.**
- If you are on medication for **DIABETES**, check with the doctor that prescribes it because you may need a dose change the day before or the day of your procedure.
- If you monitor your blood sugar continue to do this at your usual times.
- If you take any prescription type weight loss medication such as **Phentermine** you must hold it for 7 days before the procedure, because of possible adverse drug interactions with the anesthetic medications.
- If you use inhalers for Asthma bring them with you.

DATE: _____

ONE DAY BEFORE THE ERCP

- **CONFIRM** your arrangements with a licensed driver, who is at least 18 years of age and can stay on the premises
- **NO SOLID FOOD AFTER MIDNIGHT THE NIGHT BEFORE YOUR ERCP.**
- It is important for the stomach to be empty so the physician can see the entire area and to prevent the possibility of vomiting during the procedure.

DATE: _____

THE DAY OF THE ERCP

- **AFTER _____ YOU MAY NOT DRINK ANY MORE LIQUIDS, INCLUDING WATER.**
- If you are a **DIABETIC** and monitor your blood sugar, please check it before you leave for the procedure.
- Wear comfortable, loose clothing with short sleeves, low heeled shoes and socks.
- **YOU MAY HAVE CLEAR LIQUIDS FROM THIS LIST UNTIL 4 (FOUR) HOURS BEFORE THE PROCEDURE:**
- Clear Broth (Chicken, Vegetable or Beef Bouillon) Broth or Consommé Tea
- Coffee (No cream, milk or non-dairy creamer) Kool-Aid (No red or purple) Gatorade/PowerAde
- White Cranberry Juice Apple Juice Lemonade/Limeade
- Italian Ices / Popsicles Jell-O Hard Candy
- **YOU MAY NOT HAVE** anything red or purple, milk, milk products, non-dairy creamers, orange or grapefruit juice.