

ERCP PREP

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ERCP

READ ALL INSTRUCTIONS A WEEK BEFORE YOUR PROCEDURE

If you start blood thinner or weight loss medications after scheduling your procedure or have questions, please call our office at 303-788-8888.

7 OR MORE DAYS BEFORE THE ERCP

- If you take **BLOOD THINNERS** we will obtain authorization from your prescribing doctor for you to hold them. We will call you with specific instructions. If we have not called you at this time, please call our office immediately.
- If you take **Warfarin, Coumadin, or Jantoven**, you must have your **PT/INR** checked the day before your procedure. We will give you specific instructions for this test.
- **DO NOT STOP** heart, blood pressure or other regular medication unless your doctor instructs you to do so. You may continue to take aspirin as prescribed.
- You will be scheduled with anesthesia. The anesthesiologist may contact you to review your medical history, medications and allergies. **Tell us now if you are allergic to soy, peanuts or egg yolks.**
- Diabetes medications: We ask that GLP-1 medications be held for 7 days. Please contact your prescribing provider's office for specific instructions.
- If you monitor your blood sugar continue to do this at your usual times.
- If you take any prescription type weight loss medication such as **Phentermine** you must hold it for 7 days before the procedure, because of possible adverse drug

interactions with the anesthetic medications.

- **DO NOT STOP** Contrave or Naltrexone.
- If you use inhalers for asthma bring them with you.
- Sedation: Conscious (goal is to keep you comfortable / you may or may not sleep) OR: Anesthesia/MAC (you will sleep). Both may leave you feeling groggy, dizzy, sleepy, nauseous. Vomiting may occur.

1 DAY BEFORE THE ERCP

- **CONFIRM** your arrangements with a licensed driver, who is at least 18 years of age and can stay on the premises
- **NO SOLID FOOD AFTER 11PM THE NIGHT BEFORE YOUR ERCP.**
- It is important for the stomach to be empty so the physician can see the entire area and to prevent the possibility of vomiting during the procedure.

THE DAY OF THE ERCP

- **YOU MAY HAVE CLEAR LIQUIDS FROM THIS LIST UNTIL 4 (FOUR) HOURS BEFORE THE PROCEDURE:**
 - Broth or consommé
 - Clear broth (chicken, vegetable or beef bouillon)
 - Tea or coffee (No cream, milk or non-dairy creamer)
 - Kool-Aid (No red or purple) or Gatorade/PowerAde
 - White Cranberry Juice
 - Apple Juice
 - Lemonade/Limeade
 - Italian Ices / Popsicles
 - Jell-O
 - Hard candy
 - **YOU MAY NOT HAVE** anything red or purple, milk, milk products, non-dairy creamers, juices with pulp, nectar or alcoholic beverages.

- If you are a **DIABETIC** and monitor your blood sugar, please check it before you leave for the procedure. Wear comfortable, loose clothing with short sleeves, low heeled shoes and socks.
- AFTER _____ YOU MAY NOT DRINK ANY MORE LIQUIDS, INCLUDING WATER.
- **ONLY EXCEPTION:** Take Heart, Blood Pressure, Anti-seizure medications with small sips of water at the time you normally would.